

ESSENTIAL SKILLS

INDEX

Business communication skills	2
Goal Setting and Time Management	5
Presentation Skills	8
Email Etiquette	11
Teamwork and Collaboration	14
Agility and Resilience	17
Interpersonal Skills	20
Campus to Corporate	23





BUSINESS COMMUNICATION



- Use positive language to communicate with each other
- Use various modes of communication to avoid gaps and overcome barriers effectively
- Use effective body language and tone
- Have constructive conversations

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



16 HOURS

	Introduction to communication	Non verbal communication	Active listening	Communication at work	Constructive communication
KEY CONCEPTS COVERED	 Barriers to communication Communication process 6Cs checklist of effective communication 	 Mehrabian's Communication Model Body language Tone and voice 	 Hearing vs Listening Summarizing and paraphrasing Funnel Model of questioning 	 Meeting and Instant message etiquette Email etiquette 	 Conflicting and challenging conversations Pillars of constructive communication
EXPECTED	Understand the gaps in communication and effectively complete the communication	Understand and use non verbal cues while communicating	Listen more attentively and ask the right questions	Use proper etiquette while communicating in meetings or via emails	Have challenging conversations effectively



process



GOAL SETTING AND TIME MANAGEMENT



- Plan tasks and manage their time effectively
- Prioritize and focus on work to complete tasks on time
- Avoid procrastination and eliminate time wasters
- Set SMART/FAST Goals

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



16 HOURS



	Goal setting	Effective time management	Prioritization
KEY CONCEPTS COVERED	 Need for Goal Setting Setting SMART/FAST goals 	 Eliminating time wasters Parkinson's Law of time management 	 Prioritization matrix Deep work
EXPECTED	Set effective SMART goals	Identify and eliminate time wasters	Prioritize work based on urgency and importance and do deep work effectively





PRESENTATION SKILLS



- Display a positive attitude towards public speaking
- Plan and structure presentations using slides and visual aids effectively
- Use appropriate body language and tone of voice to make an impact
- Deliver an enthusiastic and well-practiced presentation to persuade the audience

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



16 HOURS



	Being an effective presenter	Audience Management	Group presentations	Stage Fright	Individual presentations
COVERED	 Importance and benefits of a good presenter Visual, Auditory and Kinesthetic learning styles Stages of presentation Planning a presentation 	 Audience analysis Anticipating resistence Handling challenging situations 	 Body language, dressing and grooming Voice and tonetips and techniques Powerpoint aids and tips 	Techniques to effectively overcome stage fright	 Individual presentation Self-Evaluation Participants' feedback Trainer's feedback



Understand learning styles and effectively plan the presentations Conduct proper audience analysis and handle the audience efficiently

Use body language and voice to influence the audience

Successfully handle stage fright

Thorough evaluation of overall presentation skills



EMAIL ETIQUETTE



- Write clear and concise emails
- Use positive language and appropriate tone to write emails effectively
- Improve clarity in communication
- Reduce chain mails and escalations

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



8 HOURS



Elements of an effective Email

Structure of an email

Writing effective emails

EY CONCEPTS COVERED

 The 5Ws and 6Cs checklists of effective email writing

- Inverted Pyramid
- Tone of writing
- Keeping emails positive
- Attention to details

- Writing challenging emails
- 6 pillars of constructive communication

EXPECTED

Understand the various elements of an email

Read between the lines while drafting and reading an email

Write a variety of emails, easy to difficult, efficiently





TEAMWORK AND COLLABORATION



- Co-operate with each other and drive team spirit
- Collaborate with different departments to ensure results
- Eliminate working in silos

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



8 HOURS



PTS	
CE	RED
NO:	VE
\	00
X	

EXPECTED

Work	colla	borat	ively
as a	team	mem	ber

Co-operation among individuals

Crossfunctional collaboration

Interdepartmental collaboration

- Focus on the bigger picture
- Importance of working with others
- Alignment of goals and strategies

- Johari Window
- Art of giving and receiving feedback
- Personality styles
- Adapting to different personality styles
- Relationship management
- Get a Win-Win
- Constructive communication

Be more collaborative while working with inter and intra team members

Build open and transparent relationships

Identify different personality styles to alter your approach

Handle challenging conversations and build good and long-lasting relations





AGILITY AND RESILIENCE



- Develop an agile and resilient mindset to adapt to an ever-changing environment
- Display self-confidence and self-belief to excel even in adversity

Target Audience

ENTRY LEVEL TO MID-LEVEL MANAGEMENT



8 HOURS



KEY CONCEPTS COVERED

Passion to Excel

Significance of resilient attitude

Building self belief

- Passion Triangle:
 - Dynamism
 - Optimism
 - 100% Efforts

- Stephen Covey's Locus of Control
- Controlling attitude by changing perspective

- Building self confidence
- Betari Box
- ABCDE Model (Activating event, Belief, Consequence, Discard, Effect)

Be more passionate and aim higher

Understand to not dwell on things that are out of our control

Be more confident, understand the impact of your attitude and behaviour and have emotional self-awareness





INTERPERSONAL SKILLS



- Develop long-lasting relationships with stakeholders
- Communicate with colleagues and clients tactfully
- Interact with different personalities more efficiently to get results
- Give and Receive Constructive Feedback

Target Audience

ACROSS ALL LEVELS



16 HOURS



	Building relationships	Being open and transparent	Constructive communication	Emotional awareness	Conflict Management
KEY CONCEPTS COVERED	 Betari box FIRO Theory Communication Styles Building confidence 	 Johari Window Art of giving and receiving feedback 	 6 pillars of constructive communication Mcgregor's X and Y theory 	• ABCDE model	 Thomas-Kilmann's conflict management styles
EXPECTED OUTCOME	 Understand how your behaviour and attitude impact other people Importance of inclusion Understand the various communication styles and be confident while communicating 	Build open and transparent relationships at work	Be more empathetic while communicating constructively	Build emotional self- awareness to handle and resolve conflicts	Effectively handle and manage conflicts by using different conflict management styles





CAMPUS TO CORPORATE



- Understand the realities of a corporate environment
- Become a motivated, long-term performing and learning individual to grow with the organization
- Empower themselves with tools to refine their personal and professional lives
- Resolve many of their personal, interpersonal & adjustment issues using practical and simple steps in their daily lives

Target Audience

YOUNG GRADUATES TRAINEE ASSOCIATES



8 HOURS

	Ownership and Accountability	The art of business communication	Stakeholder Orientation	Time Management
KEY CONCEPTS COVERED	 Barriers to communication Communication process My Purpose and goals Need for an ownership mindset Displaying ownership Taking initiative Active listening Communication at work Constructive communication 		 Powe- Interest grid for stakeholder management Building visibility and credibility Personality styles 	 Introduction to time management and planning Eliminating time wasters and Parkinsion's law Prioritization matrix
EXPECTED	Understand your purpose in life and take active ownership	Understand the gaps in your communication, pay attention to nonverbal cues, listen actively and effectively complete the	Interact and engage with different stakeholders effectively	Identify and eliminate time wasters successfully and prioritize tasks

communication process



THANKYOU

W W W . S E A R C H 4 E X C E L L E N C E . C O M 8 9 9 3 3 3 6 7 7